

AIKIDO BIBLIOGRAPHY

There are lots of aikido references. The asterisks () show the ones we really thought important and/or enjoyable.*

Books

- | | |
|--|----------------------------------|
| * 1. <i>Aikido & the Dynamic Sphere</i> | Westbrook & Ratti |
| * 2. <i>Aikido Student Handbook</i> | Greg O'Connor |
| * 3. <i>Aikido in Everyday Life</i> | Terry Dobson |
| 4. <i>Budo</i> | Ueshiba/Stevens |
| 5. <i>Essence of Aikido</i> | John Stevens |
| 6. <i>Invincible Warrior</i> | John Stevens |
| 7. <i>Aikido</i> | N. Tamura |
| * 8. <i>Aikido & the Harmony of Nature</i> | Saotome |
| 9. <i>The Principles of Aikido</i> | Saotome |
| 10. <i>Traditional Aikido</i> | Saito (vol. 1-5) |
| 11. <i>The Spiritual Foundations of Aikido</i> | William Gleason |
| 12. <i>Aikido with Ki</i> | Koichi Tohei |
| * 13. <i>The Spirit of Aikido</i> | Kisshomaru Ueshiba |
| * 14. <i>Ultimate Aikido</i> | Yoshimitsu Yamada |
| * 15. <i>The Art of Peace</i> | Morihei Ueshiba (trans. Stevens) |

Websites

Aikido Journal Online <http://www.aikidojournal.com/blog/>
Aikido online <http://www.aikidoonline.com>
Aikiweb <http://www.aikiweb.com>
Aikido at Open Sky www.openskyaikikai.com
USAF Aikido News <http://www.usafaikidonews.com>
USAF website: <http://www.usaikifed.com>
Aikido of Charlotte radio Interviews <http://aikidoofcharlotte.ning.com/forum>

Videos

* <i>The Power & the Basics v. 1-3</i>	Yoshimitsu Yamada
<i>Technical Aikido</i>	Mitsunari Kanai
* <i>Aikido Ukemi, Meeting the Mat</i>	Donovan Waite
* <i>Ukemi: The Art of Falling</i>	Bruce Bookman